

# Youth Tackle Football

## Dear Parents / Guardians,

The members of the Charleswood Broncos Football Club would like to take this opportunity to provide you with some information on youth football in our area.

The Charleswood Broncos Football Club is committed to developing the youth of Charleswood, Tuxedo and Headingley on the field and off. Each year we continue to expand our efforts in youth team and activity participation, as well as visibility and outreach in our communities.

## WHY SHOULD MY CHILD PLAY FOOTBALL?

Children play football because it is fun, challenging and exciting. Most kids love being part of a team and playing with their friends. Football teaches cooperation and team work, helps develop positive social skills and teaches respect for others. It helps build self-confidence, a positive self-image and self-worth. It enables a child to improve upon and develop a broad range of motor skills like throwing, catching, running, kicking, balance, agility and coordination. Because a large variety of skills and physical abilities are required on a football team, there is a position for every child to play.

## AT WHAT AGE SHOULD MY CHILD PLAY FOOTBALL?

Most children are attracted to competitive sports at an early age. To facilitate this interest the Charleswood Bronco's provides tackle football programs for youth aged 7-14 in the following age levels;

Terminators	7 and 8 year olds	(6 person Football)
Atom	9 and 10 year olds	(9 person Football)
Pee Wee	11 and 12 year olds	(12 person Football)
Minor Bantam	13 year olds	(12 person Football)
Bantam	14 year olds	(12 person Football)

*NOTE: Age is determined as of December 31, 2011*

## HOW SAFE IS FOOTBALL?

Football is a contact sport and injuries do occur, however, the risk of injury is no greater than in any other contact sports. The safety and well being of every child is the number one concern of the Charleswood Broncos Football Club and we go to great lengths to ensure that your child has properly fitted and maintained equipment as well as ensuring we provide the most responsible, knowledgeable and certified coaches and trainers available.

## DO I NEED TO BUY EQUIPMENT FOR MY CHILD?

Except for personal items such as undergarments and footwear, we supply all the equipment necessary for your child to play football, including helmet, mouth-guard, pads, game uniforms and practice pants (practice jerseys are available through our canteen for a small fee).

For more information on our club, our philosophies, registration or any other questions please check out our web site at: [charleswoodbroncos.com](http://charleswoodbroncos.com) or email at: [registrar@charleswoodbroncos.com](mailto:registrar@charleswoodbroncos.com).